

2023 Seed Catalogue



Native Plant Nurseries

Plants Nature Intended

Specializing in:

Native Wildflowers of Ontario

Natural Landscape Design

Restoration Expertise

Contract Growing

Seed Packets

All plants are grown from seed in an ethically sustainable way without the use of pesticides

Common Name	Scientific Name	Soil	Light	Moisture	Age	Size (cm)	Blooms	Colour	Natural Significance	Seed Packets
Anise Hyssop	Agastache foeniculum	A	F to P	D to M	P	60-120	Summer	Purple	B & I, B & M	Y
White Snakeroot	Ageratina altissima	A	P to S	M	P	60-120	Summer	White	B & I, B & M	Y
Nodding Wild Onion	Allium cernuum	A	F to P	M to D	P	20-60	Summer	Pink	B & I	Y
Pearly Everlasting	Anaphalis margaritacea	S	F	M to D	P	40-60	Summer	White	B & I	Y
Long-headed Thimbleweed	Anemone cylindrica	A	F to P	D to M	P	20-80	Summer	White	B & I	Y
Thimbleweed	Anemone virginiana	S	F to S	M to D	P	60-90	Summer	White	B & I	Y
Indian Hemp	Apocynum cannabinum	A	P to F	D to M	P	60-120	Summer	White	B & I	Y
Common Milkweed	Asclepias syriaca	A	F to P	M to D	P	60-120	Summer	Pink	B & I	Y
Turtlehead	Chelone glabra	A	F to P	W to M	P	60-90	Summer	White	B & I	Y
Lance-leaved Coreopsis	Coreopsis lanceolata	S	F to P	D	P	30-60	Summer	Yellow	B & I	Y
Tall Coreopsis	Coreopsis tripteris	A	F to P	M to D	P	120-240	Summer	Yellow	B & I	Y
Showy Tick Trefoil	Desmodium canadense	A	F	M to D	P	90-100	Summer	Purple	B & I	Y
Flat Topped White Aster	Doellingeria umbellata	A	F to P	M	P	100-150	Late Summer	White	B & I, B & M	Y
Boneset	Eupatorium perfoliatum	A	F to P	M to W	P	60-120	Summer	White	B & I, B & M	Y
Joe-Pye-Weed	Eutrochium maculatum	A	F	M to W	P	90-150	Summer	Purple	B & I, B & M	Y
Sweet Joe Pye Weed	Eutrochium purpureum	L	P to S	M	P	100-200	Summer	Pink	B & I, B & M	Y
Sneezeweed	Helenium autumnale	S	F	M to W	P	75-100	Late summer	Yellow	B & I	Y
Pale-leaved Sunflower	Helianthus strumosus	A	F to P	M to D	P	60-90	Late Summer	Yellow	B & I, B & M	Y
Sweet Oxeye	Heliopsis helianthoides	A	F to P	M to D	P	90-150	Summer	Yellow	B & I	Y
*Cylindric Blazing Star	Liatris cylindracea	L	F	D	P	30-80	Summer	Pink	B & I, B & M	Y
*Dense Blazing Star	Liatris spicata	S	F to P	M to W	P	60-120	Summer	Pink	B & I, B & M	Y
*Cardinal Flower	Lobelia cardinalis	L	F to P	M to W	SLP	60-120	Late Summer	Red	B & I, B & M	Y
Great Blue Lobelia	Lobelia siphilitica	L	F to P	M to W	SLP	60-90	Late Summer	Blue	B & I, B & M	Y
Square-Stemmed Monkey Flower	Mimulus ringens	A	F to P	M to W	P	30-90	Summer	Blue	B & I, B & M	Y
Wild Bergamot	Monarda fistulosa	A	F to P	M to D	P	90-120	Summer	Purple	B & I, B & M	Y
Evening Primrose	Oenothera biennis	S	F	M to D	B	90-120	Summer	Yellow	B & I	Y
Foxglove Beardtongue	Penstemon digitalis	A	F to P	M to D	P	60-120	Summer	White	B & I, B & M	Y
Hairy Beardtongue	Penstemon hirsutus	S	F to P	M to D	P	30-60	Summer	Purple	B & I, B & M	Y
Hairy Mt Mint	Pycnanthemum verticillatum	A	F to P	M to D	P	60-120	Summer	White	B & I	Y
Grey-headed Coneflower	Ratibida pinnata	A	F to P	D	P	45-150	Summer	Yellow	B & I	Y
Black-eyed Susan	Rudbeckia hirta	A	F to P	M to D	SLP	60-90	Summer	Yellow	B & I, B & M	Y
Green-headed Coneflower	Rudbeckia laciniata	L	F to P	M to D	P	90-150	Summer	Yellow	B & I, B & M	Y
Cup Plant	Silphium perfoliatum	A	F to P	M to D	P	90-300	Summer	Yellow	B & I, B & M	Y
Blue-Stem Goldenrod	Solidago caesia	A	S	M to D	P	30-90	Late Summer	Yellow	B & I	Y
Zig Zag Goldenrod	Solidago flexicaulis	L	S to P	M	P	80-100	Late Summer	Yellow	B & I	Y
Early Goldenrod	Solidago juncea	A	F	D to M	P	60-120	Late Summer	Yellow	B & I	Y

Upland White Aster	<i>Solidago ptarmicoides</i>	A	F	D to M	P	30-60	Summer	White	B & I	Y
Stiff Goldenrod	<i>Solidago rigida</i>	S	F to P	M to D	P	30-150	Late Summer	Yellow	B & I	Y
Heath Aster	<i>Symphotrichum ericoides</i>	A	F	M to D	P	30-90	Late Summer	White	B & I	Y
Smooth Aster	<i>Symphotrichum laeve</i>	A	F	D to M	P	30-90	Late Summer	Blue	B & I, B & M	Y
Large-leaved Aster	<i>Symphotrichum macrophylla</i>	A	P to S	M to D	P	30-90	Late Summer	Blue	B & I, B & M	Y
New England Aster	<i>Symphotrichum novae-angliae</i>	A	F to P	M to D	P	60-180	Late Summer	Purple	B & I	Y
Sky Blue Aster	<i>Symphotrichum oolentangiense</i>	A	F	M to D	P	30-60	Late Summer	Blue	B & I, B & M	Y
Arrow-leaved Aster	<i>Symphotrichum urophyllum</i>	A	F	D	P	40-100	Late Summer	White	B & I, B & M	Y
Blue Vervain	<i>Verbena hastata</i>	L	F to P	M to W	P	60-120	Summer	Purple	B & I	Y
Hoary Vervain	<i>Verbena stricta</i>	S	F	M to D	P	60-90	Summer	Purple	B & I	Y
Giant Ironweed	<i>Vernonia gigantea</i>	A	F	M to D	P	90-210	Late Summer	Purple	B & I, B & M	Y

GRASSES

Common Name	Scientific Name	Soil	Light	Moisture	Age	Size (cm)	Blooms	Colour	Natural Significance	
Big Blue Stem	<i>Andropogon gerardii</i>	S	F	D	P	150-180	Summer	Green	B & I, B & M	Y
Canada Wild Rye	<i>Elymus canadensis</i>	A	F to P	D to M	P	60-120	Summer	Green	B & I, B & M	Y
Switch Grass	<i>Panicum virgatum</i>	S	F	D	P	150-180	Summer	Green	B & I, B & M	Y
Little Blue Stem	<i>Schizachyrium scoparium</i>	S	F	D	P	120-180	Summer	Green	B & I, B & M	
Indian Grass	<i>Sorghastrum nutans</i>	S	F	D	P	120-180	Summer	Green	B & I, B & M	Y

* To view photos of each species please see our photo gallery at www.nativeplantnurseries.ca

Soil: A = all soils, L = Loam, S = Sand

Light: F = Full sun, S = Shade, P = Partial shade

Moisture: D = Dry, M = Moist, W = Wet

Age: P = Perennial, SLP = Short Lived Perennial, B = Biennial, A = Annual

Size: average size of plant at maturity in centimeters

Blooms: The time of year that the plant flowers

Colour: Colour of flower when in bloom

Natural Significance: B & I = Butterflies and Insects, B & M = Birds and Mammals

Native Plant Nurseries

Seed Packets are \$3 each and include approximately 50 seeds in each packet

Inquire about shipping and large custom bulk seed orders

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