

2024 Seed Catalogue



Native Plant Nurseries

Plants Nature Intended

Specializing in:

Native Wildflowers of Ontario

Natural Landscape Design

Restoration Expertise

Contract Growing

Seed Packets

All plants are grown from seed in an ethically sustainable way without the use of pesticides

Common Name	Scientific Name	Soil		Light	Moisture	Age	Size (cm)	Blooms	Colour	Natural
										Significance
White Snakeroot	<i>Ageratina altissima</i>	A	P to S	M	P	60-120	Summer	White	B & I, B & M	
Thimbleweed	<i>Anemone virginiana</i>	S	F to S	M to D	P	60-90	Summer	White	B & I	
Common Milkweed	<i>Asclepias syriaca</i>	A	F to P	M to D	P	60-120	Summer	Pink	B & I	
Turtlehead	<i>Chelone glabra</i>	A	F to P	W to M	P	60-90	Summer	White	B & I	
Tall Coreopsis	<i>Coreopsis tripteris</i>	A	F to P	M to D	P	120-240	Summer	Yellow	B & I	
Showy Tick Trefoil	<i>Desmodium canadense</i>	A	F	M to D	P	90-100	Summer	Purple	B & I	
Flat Topped White Aster	<i>Doellingeria umbellata</i>	A	F to P	M	P	100-150	Late Summer	White	B & I, B & M	
Boneset	<i>Eupatorium perfoliatum</i>	A	F to P	M to W	P	60-120	Summer	White	B & I, B & M	
Joe-Pye-Weed	<i>Eutrochium maculatum</i>	A	F	M to W	P	90-150	Summer	Purple	B & I, B & M	
Sweet Joe Pye Weed	<i>Eutrochium purpureum</i>	L	P to S	M	P	100-200	Summer	Pink	B & I, B & M	
Sneezeweed	<i>Helenium autumnale</i>	S	F	M to W	P	75-100	Late summer	Yellow	B & I	
Pale-leaved Sunflower	<i>Helianthus strumosus</i>	A	F to P	M to D	P	60-90	Late Summer	Yellow	B & I, B & M	
Sweet Oxeeye	<i>Heliopsis helianthoides</i>	A	F to P	M to D	P	90-150	Summer	Yellow	B & I	
Dense Blazing Star	<i>Liatris spicata</i>	S	F to P	M to W	P	60-120	Summer	Pink	B & I, B & M	
Cardinal Flower	<i>Lobelia cardinalis</i>	L	F to P	M to W	SLP	60-120	Late Summer	Red	B & I, B & M	
Square-Stemmed Monkey Flower	<i>Mimulus ringens</i>	A	F to P	M to W	P	30-90	Summer	Blue	B & I, B & M	
Wild Bergamot	<i>Monarda fistulosa</i>	A	F to P	M to D	P	90-120	Summer	Purple	B & I, B & M	
Evening Primrose	<i>Oenothera biennis</i>	S	F	M to D	B	90-120	Summer	Yellow	B & I	
Foxglove Beardtongue	<i>Penstemon digitalis</i>	A	F to P	M to D	P	60-120	Summer	White	B & I, B & M	
Hairy Beardtongue	<i>Penstemon hirsutus</i>	S	F to P	M to D	P	30-60	Summer	Purple	B & I, B & M	
Hairy Mt Mint	<i>Pycnanthemum verticillatum</i>	A	F to P	M to D	P	60-120	Summer	White	B & I	
Grey-headed Coneflower	<i>Ratibida pinnata</i>	A	F to P	D	P	45-150	Summer	Yellow	B & I	
Green-headed Coneflower	<i>Rudbeckia laciniata</i>	L	F to P	M to D	P	90-150	Summer	Yellow	B & I, B & M	

Cup Plant	Silphium perfoliatum	A	F to P	M to D	P	90-300	Summer	Yellow	B & I, B & M
Blue-Stem Goldenrod	Solidago caesia	A	S	M to D	P	30-90	Late Summer	Yellow	B & I
Zig Zag Goldenrod	Solidago flexicaulis	L	S to P	M	P	80-100	Late Summer	Yellow	B & I
Upland White Aster	Solidago ptarmicoides	A	F	D to M	P	30-60	Summer	White	B & I
Stiff Goldenrod	Solidago rigida	S	F to P	M to D	P	30-150	Late Summer	Yellow	B & I
Smooth Aster	Symphotrichum laeve	A	F	D to M	P	30-90	Late Summer	Blue	B & I, B & M
Large-leaved Aster	Symphotrichum macrophylla	A	P to S	M to D	P	30-90	Late Summer	Blue	B & I, B & M
New England Aster	Symphotrichum novae-angliae	A	F to P	M to D	P	60-180	Late Summer	Purple	B & I
Arrow-leaved Aster	Symphotrichum urophyllum	A	F	D	P	40-100	Late Summer	White	B & I, B & M
Hoary Vervain	Verbena stricta	S	F	M to D	P	60-90	Summer	Purple	B & I
Giant Ironweed	Vernonia gigantea	A	F	M to D	P	90-210	Late Summer	Purple	B & I, B & M

GRASSES

Common Name	Scientific Name	Soil	Light	Moisture	Age	Size (cm)	Blooms	Colour	Natural Significance
Big Blue Stem	Andropogon gerardii	S	F	D	P	150-180	Summer	Green	B & I, B & M
Canada Wild Rye	Elymus canadensis	A	F to P	D to M	P	60-120	Summer	Green	B & I, B & M
Indian Grass	Sorghastrum nutans	S	F	D	P	120-180	Summer	Green	B & I, B & M

* To view photos of each species please see our photo gallery at www.nativeplantnurseries.ca

Soil: A = all soils, L = Loam, S = Sand

Light: F = Full sun, S = Shade, P = Partial shade

Moisture: D = Dry, M = Moist, W = Wet

Age: P = Perennial, SLP = Short Lived Perennial, B = Biennial, A = Annual

Size: average size of plant at maturity in centimeters

Blooms: The time of year that the plant flowers

Colour: Colour of flower when in bloom

Natural Significance: B & I = Butterflies and Insects, B & M = Birds and Mammals

Seed Packets are \$3 each and include approximately 50 seeds in each packet

Inquire about shipping and large custom bulk seed orders

www.nativeplantnurseries.ca
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